Autumn Nourishing Dinner Delights at Regal

Poached Wood Ear Mushroom and Fresh Walnut

Shredded Abalone with Water Bamboo Shoot

Honeyed Lotus Root with Chinese Yam

Herbal Stewed Phoenix Tail Prawn

(Reduce internal heat and toxicity)

Double-boiled Silkie Chicken with Reishi Mushroom and Dendrobium

(Support immune health)

Stir-Fried Scallop with Nostoc Sphaeroid and Egg White

(Nourish the lungs and promote skin health)

Braised Fish Maw in Saffron-Infused Chicken Broth

(Nourish collagen boost)

Braised Ten-Grain Rice with Pumpkin, Matsutake and Morel Mushrooms

(Moisturize the lungs)

Stewed Snow Pear with Sichuan Fritillary, Dried Tangerine Peel, Papaya and Winter Melon

(Relieve dry cough)

$688 per person

(Minimum 2 persons)

Price stated are in Hong Kong dollars and subjust to tea, condiments and 10% service charge

*Health suggestions reflect Traditional Chinese Herbs benefits.