Autumn Nourishing Lunch Delights at Regal

Poached Wood Ear Mushroom and Fresh Walnut

Honeyed Lotus Root with Chinese Yam

Herbal Stewed Phoenix Tail Prawn

(Reduce internal heat and toxicity)

Double-boiled Silkie Chicken with Reishi Mushroom and Dendrobium

(Support immune health)

Stir-Fried Scallop with Nostoc Sphaeroid and Egg White

(Nourish the lungs and promote skin health)

Steamed Chicken with Angelica, Astragalus, Shredded Mushroom, Cordyceps Flower and Goji Berry

(Enrich blood and boost energy)

Poached Green Vegetables with Gorgon Fruit and Sparassis Crispa

(Anti-inflammatory skincare)

Stewed Snow Pear with Sichuan Fritillary, Dried Tangerine Peel, Papaya and Winter Melon

(Relieve dry cough)

$328 per person

(Minimum 2 persons)

Price stated are in Hong Kong dollars and subjust to tea, condiments and 10% service charge

*Health suggestions reflect Traditional Chinese Herbs benefits.